

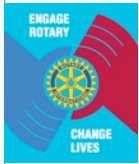


DISTRICT 5190 NEWSLETTER



ROTARY STEAMING AHEAD

The new Rotary year is knocking on our doors. July 1 is the official date for Rotary presidents and officers at all levels to hand over the gavel to Rotarians who are willing to take on new challenges and [Light Up Rotary](#) and the world.



Before leaving 2013-14 behind, read about RI Past President Ron Burton's reflections of the drive to [Engage Rotary, Change Lives](#). Ron left "the woodpile a little higher" with the help of Rotarians world wide.

TICKET TO RIDE

Check out www.rotarydistrict5190.org for more event details

- Jul 1: Happy New Year Rotary!
- Jul 1: Flight Planner Due to District Governor
- Jul 13-19: RYLA Week #3
- Jul 20: Last day to submit June attendance via District website
- Aug 2: District 5190 Membership and Public Image Seminar
- Aug 2: RYE Rebound Meeting

ROTARY EXPRESS

Conductor's Message



Jump aboard the Rotary Express and help Light up Rotary this year

President's Club Car

My understanding and knowledge of Rotary grew by leaps and bounds

Foundation Tip

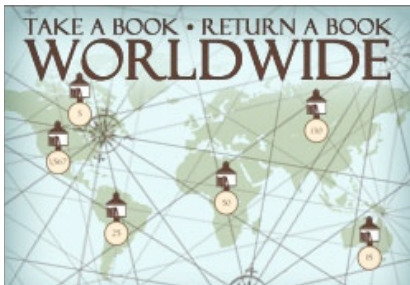
For \$1.92 a week you can be a Rotary Foundation Sustaining Member

Membership Tip

Rotary helps bring families closer

Consider IT Done

Protecting your computer through safe computing practices



RIGHT ON TRACK

Take a book, return a book, supporting literacy one book at a time - [Little Free Libraries](#)



I THINK I CAN, I THINK I CAN Make a world of difference by engaging in an international service project or activity - [Shelter Box](#)



ALONG FOR THE RIDE

The earth has music for those who listen - [Kellerman Foundation](#)

CONDUCTOR'S CORNER

July brings with it a year of new beginnings in our Rotary world as many Rotarians accept new leadership positions in their club, district and globally.

Is this yearly change a good thing? I believe it is. It brings new and fresh ideas to our organization, and encourages a sense of urgency, as we work hard to achieve annual goals. It provides an opportunity to evaluate our previous choices and is an occasion to decide how to improve the programs that are working, to eliminate those that aren't and to identify new possibilities. Embrace the change as we build on our previous successes!

This year RI President Gary Huang is encouraging us to Light Up Rotary. He feels Rotary should be about lifting people up, bringing light where there is darkness and about lighting up our image. President Gary says that Rotary should be about having fun, which will build bonds, boost attendance and aid attraction and retention of members.

In presenting his theme RI President Gary said the Rotary way is for all to light a candle, starting with ourselves. He said "I light one, you light one, together all

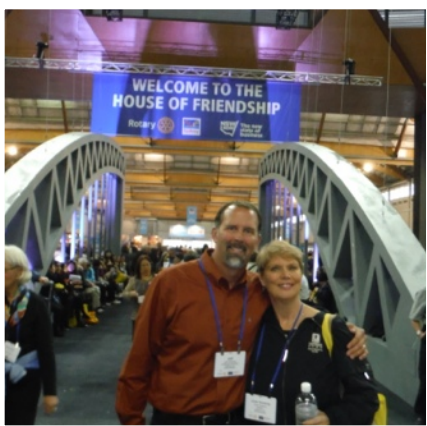


1.2 million members light one and together we light up the world". What an inspiring message, as it emphasizes the strength of Rotary! The message starts with each of us and how, through the power of one, we can make a difference in the lives of others. And when we work together, in a group, as a club, a District, or as a worldwide organization the possibilities are endless, allowing us to do so much more.

How will you Light Up Rotary this Year? How will you use your power of one to make a difference? How will you leverage the strength of Rotary to do good in your community?

As Cheryl and I board the Rotary Express on our journey through District 5190, we are excited to be coming to your community and to your club. We are proud to be Rotarians, proud to be a part of District 5190 and proud to be serving alongside each of you.

All Aboard!



Linda Maeding, with Auburn Rotary President Elect Jeff Ambrosia

From the President's Club Car

Aussie! Aussie! Aussie!

That was the collective cheer of the crowd and myself attending the first Plenary Session of the 2014 Rotary International Convention in Sydney, Australia. This four day event will forever be listed as one of my top ten most memorable lifetime experiences. I know of no other event where you can be with 18,000 people from over 140 countries who collectively desire to help people and put "service above self".

To listen to amazing speakers who were from all walks of life was inspirational. These speakers included the Prime Minister of Australia who pledged \$100,000,000 from his country towards Rotary's fight against polio. Jack Sim, founder of the World Toilet Organization, was witty and humorous as

From the President's Club Car (continued)

he enlightened us that 40% of the world population are without toilets, and what Rotary can do to change that. These and others inspired us with their stories of what Rotary is doing and can do to better the world.

It was exciting and informative to meet people from ages 14 to 90 from countries including the Philippines, Canada, Thailand, and New Zealand. I constantly made friends from all over the world with a common Rotary bond, which was an energizing experience.

At the last Convention Plenary, the current and future RI President had join them on stage, their families, the RI Directors and spouses and the famous Australian entertainers, the Ten Tenors and Marina Prior to have us all sing "Let There Be Peace on Earth". There I was with my arm around my new friend from the Philippines swaying back in forth to the music as we sang. There wasn't a person in the audience who didn't leave the convention inspired beyond measure to go back to their Rotary Clubs and share the message of what Rotary is doing well, celebrate tremendous successes, and what we can do better. I, for one, was one.

Linda Maeding
Rotary Club of Auburn, President

Report From Down Under

I had some second thoughts before leaving for Sydney, Australia to attend the 2014 Rotary International Convention. As a President Elect, a number of people were encouraging me to attend, but it sure seemed like a long trip at a very busy time of the year for me. Any doubts I had were dispelled when I actually got to the convention. It was certainly worth the effort.

The convention is a mix of great entertainment, inspirational speakers, fellowship events and training sessions. The opening entertainment was group called



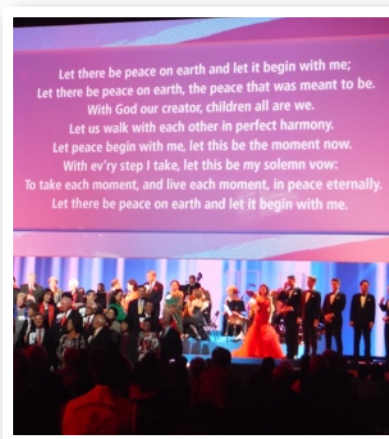
*Heading through the Olympic Park
to the Plenary Session*

Human Nature who are from Australia but headlining in Vegas. They were super. The closing Plenary session featured The Ten Tenors, again from Australia, who sang everything from opera to Motown. I spent a good deal of time in the Exhibit Hall visiting the booths of the hundreds of Rotarian groups. I learned much more about Rotarian Action Groups and Rotarian Fellowship Groups. There is a large contingent of Fellowship Groups but the ones I thought were fun were the Wine Appreciation, Antique Auto, Motorcycle, Flying and Fishing Fellowship Groups.

The convention included a renewed interest in stamping out polio in the three countries where it still remains and two events were memorable : First, there was an announcement that the Australian government had pledged one hundred million dollars to Polio Plus and Second was that the Sidney Bridge Climb by Rotarians resulted in an

additional \$40,000 being donated by the Bridge Climb company.

Sidney absolutely welcomed Rotarians with open arms from Rotary banners all over downtown to free fares for Rotarians on all the trains. My trip was highlighted by a fun harbor cruise sponsored by District



5190 and by seeing Vivid Sydney, a very cool light show in the Rocks area of the Sydney Harbor.

All in all, my knowledge and understanding of Rotary grew by leaps and bounds; plus I had a great time. I encourage all Rotarians, but particularly in-coming Presidents to attend a RI convention.

Harvey Fennell
Rotary Club of Reno, President

RIGHT ON TRACK

Little Free Library Comes to Alturas

Humbly started in 2009 in Hudson, Wisconsin, the homespun tribute has turned into an international marvel. Todd Bol built a model of a one room school house as a tribute to his mother, a former school teacher who loved reading. He filled it with books and put it on a post in his front yard, offering free books to anyone who passed by, and the Little Free Library was 'born'.



When Jim and Elizabeth Cavasso decided to remove a door between the Niles Coffee Company and the Saloon during the hotel's renovation the resulting space was made into bookshelves. Having read about the Little Free Library, local resident Carol Sharp and Elizabeth worked together to create a replica for the community and travelers. They approached the Friends of the Modoc County Library, who agreed to provide books they no longer need, mostly due to duplications of donations.

Since originator Todd Bol is a member of Rotary International, an organization that stresses literacy, it was natural step to include the Rotary Club of Alturas as a partnership in the project. Elizabeth, the past president of Alturas Rotary, agreed that with a portion of the Little Free Library's mission to promote literacy and the love of reading coincides with the mission of Rotary International.

Since its inception the Little Free Library located in the Hotel Niles has been heavily used. Many books have been removed from the bookshelves and many more have been replaced, continuing the tribute to Todd Bol's mother.

Carol Sharp
Rotary Club of Alturas, Literacy Chair



Rotary Youth Exchange Outbound #3

STUDENT	COUNTRY	SPONSOR CLUB
Arantza Alcantra Chaparro	Brazil	Incline Village
Joshua Breen	Sweden	Carson City Sunset
Lara Brown	Czech Rep	Minden
Collins	France	Reno Centennial Sunset
Elizabeth Everest	Thailand	Carson City
Kirby Falk	Switzerland	Truckee
Alexander Ghan	Brazil	Minden
Grant Haley	Chile	Reno Sunrise
Meghan Hennessey	Belgium	Westwood
Olivia Johnson	Spain	Bishop Sunrise
Erin Kinsinger	Mexico	Reno
Taylor Lindeman	Thailand	Susanville
Sierra Madden	Denmark	Plymouth Foothills
Regan Reed	Belgium	Cameron Park
Nathan Kuncheff	Italy	Reno South
Jake Sinclair	Brazil	Sparks
Rebecca Singer	France	Yerington
Jon Stephens	Spain	South Lake Tahoe
Philip Swirsky	Poland	Yerington
Hannah Truby	Austria	Auburn
Salma Valladolid	Brazil	South Lake Tahoe
Adam Verhasselt	Italy	Grass Valley
Camille Woicekowski	Chile	Reno Sunrise
Anthony Yamzon	Argentina	Auburn

I THINK I CAN, I THINK I CAN



Foundation or Organization

- Corazon - <http://corazon.org/index.php/en>
- Free The Girls - <http://freethegirls.org/>
- International Reading Program - <http://www.reading.org>
- Open World Program - <http://www.openworld.gov/about-us/program-information>
- Project Amigo - <http://www.projectamigo.org/who-we-are/rotaryclubs.php>
- Shelter Box USA - <http://www.shelterboxusa.org>
- Wheel Chair Foundation - <http://www.wheelchairfoundation.org/involved/rotarians>

Make a World of Difference

International Service projects and Rotary clubs can be small or large, sophisticated or simple. As Rotarians, we all appreciate the need for the good work and beneficial assistance that we can provide to people and communities around the world.

We often think in terms of Global Grants, Package Grants, or District Service Grants, funded through the Rotary Foundation. Where such grants and projects work for a club – we know we can have successes such as in Uganda, Costa Rica, and Mexico.

But for clubs who have not ventured into the international service arena recently, or maybe ever, there are opportunities for you as well. Check out the Rotary Foundation Grants. Or, consider other options. One possibility is to partner with another club which is pursuing a grant from the Foundation. Another option is to directly fund a project in another area where you are comfortable with an international partner and a cause they are trying to address. An example is a project in Nepal with the Tree Foundation that benefits women and newborns. Or, you can choose to work with some established foundations that are tried and true Rotary partners and have each accomplished amazing things.

WHATEVER YOU CHOOSE, MAKE 2014-15 THE YEAR YOU DIRECTLY
ENGAGE IN AN INTERNATIONAL SERVICE PROJECT OR ACTIVITY

Helen Hankins
District 5190, International Service Chair

GRANT TYPES

Global Grants	https://www.rotary.org/en/take-action/apply-grants/global-grants
Package Grants	https://www.rotary.org/myrotary/en/packaged-grants
District Service Grants	https://www.rotary.org/en/district-grants District 5190 website: http://portal.clubrunner.ca/50138/SitePage/grants

TRAINING FOR SUCCESS

Foundation Tip

A Rotary Foundation Sustaining Member is an individual who personally contributes \$100 or more each Rotary year to the Annual Fund. These contributions also count toward Paul Harris Fellow, Multiple Paul Harris Fellow, Paul Harris Society, Major Donor, and club recognition. For \$1.92 per week, you too can be a Rotary Foundation Sustaining Member! Go to www.rotary.org to sign up.

Membership Tip

Have you thought about recruiting new members from those closest to you? RI President Gary C.K. Huang is so serious about membership that he recruited his own family into Rotary. "Why leave your family to do Rotary work? You can do it together?"

IT Tip

Safe computing practices include a combination of how you technically protect your computer by using software, security settings, and the actions you take. Choose strong passwords with letters, numbers, and special characters to create a mental image that is easy for you to remember. Create passwords for each important account and change passwords regularly.

You May Be Interested!

District 5190 Membership and Public Image Seminar

- Who - Membership and Public Image Chairs/Co-Chairs and other interested members
- What - Continental breakfast, seminar, and lunch (\$25-30, billed to club)
- When - Saturday, August 2
- Where - Incline Village
- Why - Discuss membership, attendance and semi-annual report changes, as well as general public image strategies, social media, website techniques and other ways to get the word out.



Sign up soon on the District 5190 website.

Sharpen Your Pencils

Sharpen your pencils and put your thinking cap on. The newly updated District 5190 Rotary Academy is coming your way.

The Rotary Academy is a comprehensive study program that explains all facets of Rotary, from inception to the present. It provides an in-depth knowledge of the most recent decisions from the Council on Legislation.

Rotarians taking this easy-to-accomplish on-line course will be the most informed members of the organization. The information you acquire will continue to guide you through your years in Rotary.

Watch for more information coming to your club soon.



Doing Good - A Family Event

Kim was always super supportive of my service in Rotary, and came out to all of our projects to lend a hand. I asked her several times over the years to formally join, and she always declined saying that the attendance requirements were too much, and the additional dues would be an unnecessary expense. After a year together as the District Governor couple, her view changed. She obtained a real appreciation of the importance of Rotary Clubs in their communities. She also came to understand that the only folks that can keep and maintain an active and productive club in a community are its members!

When I explained the new attendance rules, she decided that she wanted join and help our little club grow stronger. She became the program chair before her official induction. I think people often overlook the enjoyment of club service, and instead look at it as just work. But when you think about it, when you are helping to lead your club, you are performing an incredible community service: ensuring that your club is there to serve others!

I think many member's spouses are like Kim, super involved and supportive, but not realizing how rewarding it is to actually be a Rotarian and serve the club, AND the community.

Sam "Woody" Wilbanks
Past District Governor, 2012-13

POLIO THIS WEEK

As of 25 June 2014

Year-to-date 2014: 106

Year-to-date 2013: 77

Total in 2013: 416

Read more about reaching out to 42,000 Pakistan children, Islamic scholars discuss polio, polio outbreak in Equatorial Guinea, and more in the June edition of the Global Eradication Initiative Polio Newsletter.



ALONG FOR THE RIDE



Through the Roof of a Land Rover

People like to ask for a favorite memory of the trip to Uganda. I tell them about falling silent and listening intently during our Safari in Queen Elizabeth National Park. When all nine of our voices were hushed, we could hear it, the heavy breathing of the mother lion. We knew she was close by, we had seen her cub in the tall grass, but we didn't realize she was watching us from the clump of trees right beside our covered jeep. As we stood on the seats and peered out the opening on the top of the Land Rover, a full-grown lion was simultaneously spying on us. "Were you

afraid?" people ask. No, not once during the visit to Uganda was I afraid; not when we landed at the Entebbe Airport and saw police toting automatic rifles; not when we trekked Silverback gorillas who wandered indifferently in front of us. And, I did not even feel afraid when we watched hippos loudly frolic in the river that separates Uganda from the Congo, despite knowing there was violent civil war right on the other side. I never felt afraid in Uganda. I just felt grateful to be on the trip, grateful to have my two teenagers with me and grateful to Rotary for being the conduit for such a memorable adventure.



ALL ABOARD: MAY 2014

	Planning Guide Goal	Current # Members	Attendance	Annual Giving YTD	Restricted Giving YTD		Planning Guide Goal	Current # Members	Attendance	Annual Giving YTD	Restricted Giving YTD
Alturas	29	30	89.00%	\$7,970	\$4,400	Nevada County South	32	31	79.00%	\$6,100	\$1,534
Alturas Sunrise	31	28	85.80%	\$2,770	\$6,172	Penn Valley*	37	34	0.00%	\$4,819	\$3,048
Amador Upcountry (Pioneer)	31	21	81.00%	\$3,220	\$1,607	Placerville*	43	38	0.00%	\$4,935	\$1,349
Auburn	110	108	88.52%	\$19,736	\$2,250	Plymouth-Foothills	32	31	63.00%	\$5,067	\$1,705
Auburn Daybreak	25	14	95.92%	\$3,652	\$1,128	Pollock Pines-Camino	20	17	55.88%	\$615	\$1,126
Auburn Gold Country	45	41	74.75%	\$3,815	\$1,000	Portola	29	24	93.51%	\$2,133	\$2,500
Bishop	52	39	52.53%	\$6,488	\$709	Quincy	48	50	75.74%	\$3,620	\$3,138
Bishop Sunrise	32	29	62.61%	\$4,590	\$650	Reno	210	182	32.47%	\$20,075	\$40,840
Cameron Park	70	57	67.90%	\$9,225	\$2,414	Reno Centennial Sunset	39	29	83.04%	\$2,577	\$13,675
Carson City	79	78	56.67%	\$14,185	\$3,930	Reno Central*	65	70	0.00%	\$12,110	\$5,430
Carson City - Sunset	30	18	70.00%	\$1,985	\$800	Reno Midtown	62	21	71.00%	\$1,560	\$100
Chester	18	20	64.00%	\$2,340	\$500	Reno South	61	51	78.40%	\$4,115	\$6,740
Elko	77	81	45.00%	\$8,471	\$2,643	Reno Sunrise	23	51	70.79%	\$5,738	\$11,520
Elko Desert Sunrise	29	31	56.13%	\$7,853	\$6,300	Smith Valley	33	30	82.00%	\$3,020	\$160
Ely	30	33	49.00%	\$3,290	\$1,897	South Lake Tahoe	50	44	47.02%	\$8,042	\$2,500
Fallon	64	47	67.52%	\$9,288	\$2,307	Sparks	130	118	85.32%	\$23,322	\$5,300
Fernley	26	26	80.77%	\$3,270	\$1,150	Sparks Centennial Sunrise	33	32	87.65%	\$10,307	\$2,964
Georgetown Divide	35	35	47.30%	\$2,260	\$500	Surprise Valley*	21	17	0.00%	\$200	\$135
Grass Valley	73	67	80.80%	\$15,162	\$2,550	Susanville Rotary Club*	65	64	0.00%	\$2,400	\$10
Greenville	12	10	46.00%	\$3,540	\$900	Susanville Sunrise	31	30	70.59%	\$6,670	\$3,040
Incline Village*	24	29	0.00%	\$1,225	\$50	Tahoe City	40	37	79.00%	\$5,275	\$1,730
Ione	30	27	83.90%	\$7,405	\$2,000	Tahoe-Douglas*	60	50	0.00%	\$19,697	\$5,221
Jackson*	49	52	0.00%	\$7,425	\$1,963	Tahoe-Incline	45	51	69.41%	\$14,716	\$5,997
Loyalton	26	24	82.00%	\$4,253	\$449	Tonopah	23	17	78.00%	\$340	\$10
Mammoth Lakes Noon	53	39	43.59%	\$1,450	\$200	Truckee	92	93	79.72%	\$13,500	\$4,470
Mammoth Lakes Sunrise	41	11	33.00%	\$120	\$180	Truckee Sunrise*	33	20	0.00%	\$2,882	\$2,027
Minden	43	32	70.31%	\$4,720	\$1,000	Westwood-Lake Almanor*	15	13	0.00%	\$100	\$10
Nevada City	48	46	47.00%	\$5,275	\$360	Winnemucca	41	38	52.00%	\$5,000	\$200
Nevada City 49er Breakfast	91	92	84.02%	\$27,371	\$5,150	Yerington	51	52	60.80%	\$3,177	\$1,733
* No Attendance report made. Last known member count used.						TOTALS	2767	2500		\$384,466	\$183,370

John Sullivan
District Secretary

ALONG FOR THE RIDE (CONTINUED)

The premise for the trip to Bwindi, Uganda, was the opening of the Rotary supported Bwindi Nursing School, nearly adjacent to the Bwindi Hospital, founded and operated by The Kellerman Foundation and Rotarian Dr. Scott Kellerman. Years of effort were culminating in a dedication ceremony on May 21st, and it seemed only fitting that some members of Reno Rotary and Reno Central Rotary should join such dignitaries as the Ugandan Vice President, the Prime Minister and the Diocesan Bishop in recognizing the accomplishment. Reno Rotarian Linda Barrett organized the trip and, wisely, realized that a trip to Africa simply must include a safari, hence our encounter with the loud-breathing lion, multiple elephants, bazillions of baboons, warthogs, water buffaloes and antelope-like animals known as Kob. Our contingent of seven Rotarians, and my two children, also took a boat trip around the channel near our lodge and smiled at the elephants using their trunks to give themselves a shower. We looked hard and saw well-disguised crocodiles pretending to be logs on the beach. We debated whether the lizards were ugly or beautiful and commented that fish-eagle look like American bald eagles. Except perhaps for no giraffes (they don't inhabit the area), we saw a magnificent display of every creature that comes to mind when one thinks of Africa.

The animals will certainly be a lasting memory of the trip but equally impressive was the dedication ceremony for the Bwindi Nursing School, which had all the trappings of a serious State event. Despite the unrelenting heat, uniformed youngsters in a brass band welcomed the dignitaries. Armed and



camouflaged soldiers stood stoically alongside the VIP tent while women and children performed rhythmic native dances. You could not miss the significance of opening of the school and the gratitude of the Ugandan people for the contributions from Rotary, from Scott Kellerman and from Reno Rotarian Jerry Hall, who presented multiple Paul Harris Fellowship awards. And, although we were tired from the heat and the speeches, we were touched by the hospitality of the Kehihi Rotary Club, whose

president insisted we come to his evening meeting in the clearing in the jungle that serves as the place for their gathering. I am proud to say a banner from my Reno Central Rotary Club now hangs in a place of honor among the other banners dangling from the trees.



The situation in Bwindi, Uganda is complicated. The pygmies have not done well since being removed from The Impenetrable Forest. Alcoholism and HIV are rampant. It's reminiscent of the struggles of the American Indians. But, the Bwindi Nursing School is a definite bright spot; a striking picture of modern construction and state-of-the-art teaching technologies popping up after miles and miles of travel on ungraded dirt roads. Traveling to Bwindi gives one new appreciation for the multiple trips made by the Kellerman's. It also gives one new appreciation for the rigors of 4-wheeling. But, most importantly, travel to Bwindi gives one an irreplaceable view of the people and projects making a difference through Rotary.

Regina Lockwood
Rotary Club of Reno Central, President

Rotary Officers 2014-15

Rotary International

President: Gary C.K. Huang
President-elect: K.R. Ravindran
Vice President: Celia Elena Cruz De Giay
Treasurer: Holger Knaack
Director Zones 25/26: Steven A. Snyder

Rotary District 5190

District Governor: Joe Zarachoff
District Governor Elect: Gail "Virus"
Ellingwood
District Governor Nominee: John Sullivan
District Secretary: Phil Mahoney
District Treasurer: Charlie Litton
District Executive Assistant: Ginny Lewis

Assistant Governors

Area 1: Penny Artz
Area 2: Ralph Taylor
Area 3: Jim O'Brien
Area 4: Doug McDonald
Area 5: Jim Greenlee
Area 6: Patrick Doyle
Area 7: Roberta Pickett
Area 8: Gary MacDonald/Tina Spencer
Area 9: Bob Conner
Area 10: Jay Recanzone
Area 11: Anita Franzoia
Area 12: Edie Asrow
Area 13: Randy Van Tassell

District Advisory Board

District Administration: Wyn Spiller
Service: Lindy Beatie
Foundation: Steve Lewis
Membership: Sam "Woody"
Wilbanks
Youth Service: Steve Mestre
Club Administration: Larry Harvey
Technology: Oliver Grosz
Public Image: Dave Zybert

The Rotary District 5190 newsletter is published monthly by District Governor Joe Zarachoff. Submit stories and photographs (300 dpi resolution digital images only) to Editor Elizabeth Cavasso at ecavasso@gmail.com by the 20th of the month.